Sedona Community Pool 570 Posse Ground Road, Sedona AZ 86336 928-282-0112

Spring Schedule April 1 - May 24, 2013

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 AM -2:00 PM	Water Aerobics 9:00-10:00 AM & Lap Swim 9:00 AM - 2:00 PM	Water Aerobics 9:00-10:00 AM & Lap Swim 9:00 AM - 2:00 PM	Water Aerobics 9:00-10:00 AM & Lap Swim 9:00 AM - 2:00 PM	Water Aerobics 9:00-10:00 AM & Lap Swim 9:00 AM - 2:00 PM	Closed	Open Swim 10:00 AM - 4:00 PM
4:00- 6:00 p.m.	Swordfish Swim Team	Swordfish Swim Team	Swordfish Swim Team	Swordfish Swim Team	Swordfish Swim Team	

Admission

Free: 0-2 years old \$5: Masters Swim

\$2: children 3-17, seniors 55+ \$5: Water Aerobics, or \$40: 10-visit punch pass, \$80: 20-visit punch pass

\$3: adults 18-54 \$35: One session of swim lessons \$75: adult 30-visit punch pass \$15: Private swim lesson, half hour

Water Aerobics	Instructor run, low impact, cardiovascular exercise. Shallow and deep water classes available depending on day/time				
Lap swim	Adult lap swim. All eight lanes available unless held consecutively with aerobics in which case only four lanes available				
Masters swim	Masters swim is organized instruction on stroke techniques.				
Open Swim	All ages, recreation swim and lap swimming combined. There will be limited lap lanes available, as well as a swim area for				
	children to play in. Children must be accompanied by and adult.				
High School	The pool is closed to the public during swim team practices.				
Swordfish	The pool is closed to the public during swim team practices.				